Recipe Allergen Matrix - PRIMARY (ALL)

April 2025 Menus (V.5)

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Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
BASE Recipes	R00181	Apple Sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00284	Barbecue Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00003	Bechamel Sauce	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01640	Bechamel Sauce - Knorr	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00274	Butter Icing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00027	Cheese Sauce	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00327	Chocolate Butter Icing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00030	Chocolate Sauce	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00029	Custard	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00179	Filling Cheese & Beans	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01544	Filling Grated Cheese	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00146	Filling Tuna Mayo	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00138	Gravy	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00150	Lemon Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01528	Mayonnaise	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01549	Mint Yoghurt Sauce	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01510	Orange Buttercream	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00034	Pastry	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01508	Sage and Onion Stuffing	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00151	Sweet Chilli Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01519	Toffee Butter Icing	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01517	Tomato Ketchup	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BISCUITS	R00007	Apple Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00019	Australian Crunch	N	C	N	N	N	N	M	N	N	N	N	N	M	C	N	C	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00011	Cherry & Coconut Cookie	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00016	Chocolate Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00021	Chocolate Crunch	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00017	Chocolate Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00020	Coconut Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C

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Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
BISCUITS	R00012	Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R01975	Flapjack (ASC)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00013	Ginger Cookie	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
BISCUITS	R00018	Jam & Coconut Cookie	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00202	Lemon Finger	N	C	N	N	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00014	Lemon Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00008	Oat & Syrup Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00528	Orange & Chocolate Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00024	Orange Cookie	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
BISCUITS	R01511	Orange Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00125	Parsnip Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00206	Polish Cake	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	M	N	C
BISCUITS	R00009	Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R01976	Shortbread (ASC)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00015	Shrewsbury Biscuit	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00010	Sultana Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00331	Viennese Cookies	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01790	Bidfood Hotdog Roll 6.5in	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01789	Bidfood Sandwich Baps	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00032	Brown & White Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00654	Crackers	N	C	N	M	N	N	M	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00137	Diced Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00259	Every Day Bread/Roll/Wedge	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01606	French Stick	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00026	Garlic & Herb Jacket Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00347	Garlic Bread	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00033	Jacket Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01536	Lamb Weston Twisters Curly Fries	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01570	Mashed Potato	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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CARBS	R01989	Mashed Potato (Roast Dinner Day)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01518	McCain Original Choice Medium Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00670	Naan Bread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00059	Noodles	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00839	Plain Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01604	Potato Crunchies (Tiny Tater)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00117	Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00055	Spaghetti	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00483	Wholewheat Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00118	Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01964	Apple & Raspberry Slice	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00139	Apple Muffin	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R01614	Apple Puff Slice	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00537	Beetroot Brownie	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00092	Blueberry Muffin	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R01961	Blueberry Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00078	Carrot Cake	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00173	Chocolate Brownie P	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01637	Chocolate Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00133	Cornflake Cake	N	C	N	N	N	N	C	N	N	N	N	N	M	N	N	C	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00097	Fruit Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01952	Lemon & Orange Drizzle Cake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00095	Lemon Drizzle Slice	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01581	Macphie Chocolate Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00380	Mango & Orange Sorbet	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01622	McDougalls Plain Iced Cake Sprinkles	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01974	McDougalls Plain Iced Cake Sprinkles (ASC	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01615	McDougalls Toffee Apple Slice	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01972	Muller Healthy Balance Strawberry Yoghurt	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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COLD Pudding	R01779	Muller Healthy Balance Yoghurt Mixed	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01509	Plain Cupcake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00740	Rocky Road	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	M	N	N	N	N	C	N	N	N	N	C
COLD Pudding	R00351	Seasonal Fresh Fruit Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01563	Seasonal Fruit Platter	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01799	Strawberry & Cream Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01526	Strawberry Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01932	Strawberry Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01959	Strawberry Whip Mousse	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00656	Vanilla Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01181	BBQ Chicken White Tortilla Wrap	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00288	BBQ Quorn & Cheese Melt	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00287	BBQ Quorn Ball Sub	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R01166	BBQ Chicken Half White Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00507	Cheese & Bean Wrap	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00228	Cheese and Bean Panini	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	M	N	C
DELI Option	R01515	Cheese and Tomato Panini	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	M	N	C
DELI Option	R01935	Cheese Sandwich Bap	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00123	Chicken & Rice Pot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00575	Chicken Burger Bun	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01823	Chicken in a Bun	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01969	Chicken Sandwich Bap	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00154	Chicken Tikka Wrap	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00955	Chicken Mayo Half White Baguette	N	C	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01172	Chicken Mayo Salad White Tortilla Wrap	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01968	Egg Mayo Sandwich Bap	N	C	N	C	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00162	French Bread Pizza	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01826	Grated Cheddar Cheese Mini Baguette	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01850	Grated Cheddar on Hovis 50/50	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C

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DELI Option	R00038	Jacket Potato with Cheese	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01966	Jumbo Hot dog (P)	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00127	Marinated Chicken Flatbread	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01576	Santa Maria Tortilla Chips P	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00124	Tuna & Cheese Melt	N	C	N	N	C	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00953	Tuna Mayo Half White Baguette	N	C	N	C	C	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01828	Tuna Mayo Mini Baguette	N	C	N	C	C	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01593	Tuna Mayo on Hovis 50/50	N	C	N	C	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01255	Tuna Mayo White Tortilla Wrap	N	C	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01934	Tuna Sandwich Bap	N	C	N	C	C	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00951	Wiltshire Ham Half White Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01827	Wiltshire Ham Mini Baguette	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01591	Wiltshire Ham on Hovis 50/50	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00961	Wiltshire Ham Salad White Tortilla Wrap	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01933	Wiltshire Ham Sandwich Bap	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01953	Big Tasty Fishcake (p)	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01944	Fish Finger Bap	N	C	N	N	C	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01965	Fish Finger Flatbread	N	C	N	C	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00658	Fish Fingers	N	C	N	N	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00673	H/R Junior Battered Pollock Fillet	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01852	Harry Ramsden Salmon Stars	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00040	Tuna & Sweetcorn Pasta Bake	N	C	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00132	Tuna & Sweetcorn Pizza	N	C	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00088	Chocolate Marble Sponge	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01807	Pancakes with Chocolate Sauce	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01810	Pancakes with Fresh Fruit Salad	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01808	Pancakes with Strawberry Sauce	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01809	Pancakes with Sugar & Lemon	N	C	N	C	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00090	Syrup Sponge	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C

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HOT Pudding	R01958	Toffee Apple Crumble	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
HOT Pudding	R01638	Wafflemeister Mini Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00820	Waffles with Strawberries & Toffee Sauce	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01954	All Day Breakfast P	N	C	N	C	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01990	BBQ Chicken Pasta Bake (PK)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
MEAT	R00054	Beef Bolognaise	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01931	Beef Burger (no bun)	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00506	Beef Burger Bap	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01647	Beef Burger HALAL	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01804	Beef Chilli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01383	Bolognaise Pasta Bake	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01841	Breaded Chicken Breast Goujons RT	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00569	Cheese Burger Bap P	N	C	N	N	N	N	C	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00056	Chicken & Sweetcorn Meatballs in Tomato S	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01806	Chicken Chow Mein	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00508	Chicken Fajitas	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01643	Chicken Nuggets HALAL	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01644	Chicken Sausages HALAL	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01970	Chicken Taco	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00052	Chicken Tikka Masala	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01947	Gammon	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01967	Ham & Pineapple Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00152	Ham Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00843	Hot Dog	N	C	N	N	N	N	N	N	N	N	N	M	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00529	Hunters Chicken	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
MEAT	R01962	Katsu Chicken Steak (G/F)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01559	Pepperoni Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01980	Rasta Pasta	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01649	Roast Beef	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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MEAT	R00063	Roast Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01646	Roast Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00376	Sausages	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00340	Shepherds Pie	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01992	Sweet Chilli Chicken Pasta Bake (PK)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01645	Theo's BBQ Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00051	Theo's BBQ Chicken Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01642	Theos Chicken Meatballs HALAL	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01993	Tomato & Mascarpone Pasta Bake (PK)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01991	Vegetable Bolognese Pasta Bake (PK)	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
NGCI	R01624	Beefburger (NGCI)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01651	Breaded Chicken - GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00788	Chocolate Crunch (NGCI)	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00271	Chocolate Muffins (NGCI)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01440	Chocolate Sponge (NGCI)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01620	Fish Fingers GLUTEN FREE	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01787	Mini Doughnuts - GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01577	Penne Pasta GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00335	Plain Sponge (NGCI)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00612	Sausages GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00789	Sultana Cookie (NGCI)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00721	Apple, Peach & Grape Pots	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00130	Bacon & Pineapple Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R00301	Banana Cake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
PROMOTIONS	R01462	Carrot & Sweet Potato Mash	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00504	Christmas Tree Brownie	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01796	Double Chocolate Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01845	Herb Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00687	Jelly Pots with Sprinkles	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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PROMOTIONS	R01835	Jollof Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00522	Minty Peas & Leeks	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01846	Orange Jelly with Mandarins	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00064	Parsnip & Cranberry Flan	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01836	Pork Sausage in Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R00135	Roasted Vegetable Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01847	Strawberry Jelly with real Strawberries & Cre	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01927	Tandoori Chicken Wrap	C	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01906	Yorkshire Pudding Beef Pie	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01907	Yorkshire Pudding Veg Pie	M	C	N	C	N	N	C	N	M	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00595	Beetroot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00594	Carrot	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00100	Coleslaw	N	N	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00590	Cucumber P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00626	Curried Rice Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R01537	Lettuce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00532	Mediterranean Noodle Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00102	Mediterranean Pasta Salad	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00319	Mixed Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00103	Pasta Sweetcorn & Mayo Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00627	Pasta with Mayonnaise	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00584	Peppers P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00593	Potato Salad	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00563	Savoury Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00586	Sweetcorn P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00588	Tomatoes P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00597	Tricolour Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETABLES	R00268	Baked Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00267	Broccoli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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VEGETABLES	R00270	Carrots	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00266	Cauliflower	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00036	Cauliflower Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETABLES	R00265	Green Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00264	Peas	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00263	Sweetcorn	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01956	All Day Veggie Breakfast P	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01945	BBQ Pulled Quorn Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01628	BBQ Veggie Hot Dog	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01982	Beans on Toast (ASC)	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00068	Cauliflower & Sweet Potato Curry	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01605	Cheese & Onion Roll	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00321	Cheese & Potato Pie	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00044	Cheese & Tomato Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00072	Cheese & Vegetable Stacker	N	C	N	N	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00302	Country Vegetable Bake	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00070	Five Bean Chilli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01963	Katsu Quorn Dippers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00109	Mac 'n' Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00065	Pasta Neapolitan	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01552	Pizza (Foley Infant Only)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01820	Pizza Naan	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00066	Quorn Balls in Tomato Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01844	Quorn Balls with Gravy	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01971	Quorn Breaded Fingers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01522	Quorn Burger	N	C	N	C	N	N	C	N	N	N	N	M	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00073	Quorn Fajitas	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00581	Quorn Korma	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00384	Quorn Pasta Bake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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VEGETARIAN	R01381	Quorn Tikka Masala	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00298	Quorn Vegan Dippers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00112	Roasted Quorn Fillet	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01949	Roasted Vegetable Pasta Bake	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00071	Shepherdess Pie	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00178	Tomato & Vegetarian Sausage Pasta Pot	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01625	Tomato Pasta Bake	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01633	V Kitchen Plant Based Sausage Roll	N	C	N	N	N	N	M	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01531	Vegetable & Bean Burger	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00534	Vegetable Burrito	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00067	Vegetable Lasagne	M	C	N	M	N	N	C	N	M	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00180	Vegetable Pie	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01948	Vegetarian Enchiladas	N	C	N	N	N	N	C	N	M	N	N	N	C	N	N	M	N	N	N	N	M	N	N	M	N	C
VEGETARIAN	R00297	Vegetarian Hot Dog	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00662	Vegetarian Sausage	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00134	Veggie Sausage in Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01920	Beetroot Brownie - PRU	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
PRU Recipes	R01908	Breaded Chicken Breast Goujons - PRU	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01918	Breaded Haddock - PRU	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R00426	Brown & White Rice S	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R01916	Cheese & Tomato Pizza - PRU	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01913	Chocolate Cookie - PRU	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R00464	Chocolate Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01914	Cornflake Cake - PRU	N	C	N	N	N	N	C	N	N	N	N	N	M	N	N	C	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R01909	Diced Potatoes - PRU	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R00200	Flapjack S	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
PRU Recipes	R01921	Garlic & Herb Jacket Wedges - PRU	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R01889	Mac & Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01910	Mashed Potato - PRU	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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PRU Recipes	R01923	McCain Original Choice Medium Chips - PR	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R01919	McDougalls Hot Chocolate Sponge Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01911	Pork Sausages 16s - PRU	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01912	Potato Crunchies (Tiny Tater) - PRU	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R01925	Quorn Balls with Gravy - PRU	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01924	Quorn Vegan Dippers - PRU	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R00430	Roast Potatoes S	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PRU Recipes	R00082	Shortbread S	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R00422	Syrup Sponge S	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01917	Theo's BBQ Chicken Pizza - PRU	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PRU Recipes	R01915	Vegetarian Sausages PRU	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N